

Spring update...

What we do ...

Essex Dementia Care has over 11 years of experience supporting people with dementia to stay active and remain engaged. Our services promote physical and mental well-being, person centred care, client engagement and a positive approach.

We currently support 86 people to live well with dementia and this is still growing. We actively engage with the individual to identify the correct service that would benefit them, this could be at one of our 7 Activity Centres or through Direct One2One support.

We work in partnership with other organisations to provide a whole package and ensure all needs are continually met always.

As a charity we work hard to fundraise to maintain our services and we are truly grateful to everyone who supports us on our journey.

This past year have seen several changes these include:

New Allotment Project ...

Due to securing funding we have been able to start this project and hopefully get most of it ready for late spring early summer. The allotments are situated just behind our Bradwell centre and will also be used for outside activities. This will enable our clients that attend Bradwell to become involved in helping to grow vegetables, other plants, and fruit. If able to clients can help with the gardening others can sit and enjoy the outside space. We have planned the garden to include raised beds and easily accessible space including installing a ramp for wheelchair access. As you can appreciate at times people living with dementia may become agitated and having this outside space enables us to offer a calming and relaxed environment. We have a summer house already in place which will be brightly painted and will be a space for our clients to go to. Outside there will be a seating area to sit and relax and take in all the lovely country air. We have kindly received donations from family members, local garden centres. Also, some lovely people have volunteered their time to help. This is an ongoing project.



Oasis centre move ...

An additional change at Essex Dementia Care has been a move of venues of Braintree Oasis to Bradwell Village Hall. The move went very smoothly, and the client feedback has been very positive. Our future aim would be to expand our service out of this venue and support

more people to access our services. With the ongoing allotment project this will also enable Oasis clients to easily access and benefit from the outside space.



Possible office move...

Due to the growth of our charity we are looking to move into bigger more suitable premises. We have outgrown our current office space, and are paying separately for additional storage. We are currently located on a business park on the outskirts of Braintree. We would like to remain in the same area, however find premises that would meet our business needs.

We currently have to hire space for meetings and the ideal solution would be to have sufficient space to allow the daily running of the business, storage, along with room to accommodate all of the business needs.

Some of our Trips out with Every Day Counts...

We have been very lucky to have had donations from a family member who did some fundraising to allow their loved one and other clients we support to go on a few trips out, one being a boat trip with lunch at Paper Mill Lock. The trip lasts a few hours, and once on board we have lunch and drinks as we sail down the river. The clients enjoyed going through the lock too. Staff members take their guitars and we have a singalong. Clients join in whether they are sitting inside looking out the windows or out on deck taking in the lovely views around.

As a group we have visited windmills, gardens, museums, the beach, steam railways, reservoirs, pottery classes, picnics and other places of interest. The clients always have a say in what trips they would like to go on. Places are spoken about and they decide together where they would like to go.











