

# Challengers

## Report to The Nineveh Charitable Trust



**Funding Received: July 2021**  
**Date of Report: December 2021**  
**Amount of Grant: £2,500**

Challengers were fortunate to be awarded a generous grant by the Trustees of The Nineveh Charitable Trust to support our crucial work with disabled young people attending Farnham Youthscheme. Your support has helped us to provide a safe, fun and inclusive place for disabled young people to have fun, make friends and challenge their impairments whilst also

providing valuable respite for parents, carers and families. Alongside our face-to-face sessions we also offer popular Virtual Challengers sessions, which allow us to spread smiles to even more faces!

Since the grant was awarded, Challengers' Farnham Yothscheme has provided **2,750 hours** of fully inclusive fun for **72 disabled young people**. Of the 72 young people that attended, **43 had 1:1 support and 1 had 2:1 support** from trained Challengers staff. At the same time, parents, carers and families were able to access **2,750 hours of respite** from their care responsibilities.

*"T absolutely loves coming to Challengers - it is currently the only chance for independence from our family that T has outside of school."* Farnham Youth parent

### What went on:

Disabled young people enjoyed trips such as, Hayling Island, Winter Wonderland, Panto, Picnic in the Park, Sea Life Centre, Marwell Zoo, Cinema and Lunch Out, Finkley Down Farm, as well as lots of activities and themed days including Farmyard Frenzy, Disney Princess Day, Reptile Day, Royal Family Day, Dance Party, Messy Art and Summer Crafts, Sports Day, Puppy Party, Water Play Day, Beach Day, Treasure Island and lots more!

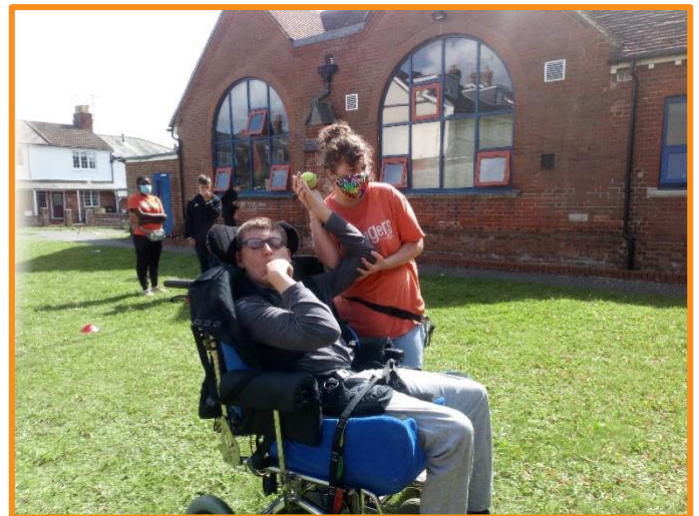
### Outcomes:

Many of the disabled young people who attend Challengers Schemes do not have access to the same past times as their non-disabled peers. Attending Challengers improves mental health and wellbeing as well as helping to reduce social isolation. Whilst on scheme, disabled young people are supported and encouraged to develop positive relationships, try new things, build their confidence and independence and more importantly, have fun!

Whilst their child is on scheme, parents and carers can access valuable respite that helps to reduce stress, whilst safe in the knowledge their child is in a safe place having fun. Additionally, non-disabled siblings are able to spend crucial one-to-one time with their parents and take part in activities they could not have if their disabled sibling was present.

We conduct regular parent surveys to ensure that services we provide are what is needed. I am pleased to share some findings from our most recent survey published in November 2021:

- 97% of parents consider our staff to be good or excellent and 71% excellent.
- 90% of parents consider our activities to be good or excellent and 50% excellent.



- Challengers is a significant/essential support to 77% of parents.
- Over 80% of parents also agree that Challengers helps with their own mental health, building a more inclusive family and reducing family isolation.
- 90% of families would give a 9 or 10 out of 10 when asked how likely they would be recommend Challengers to a friend or colleague.
- Overall parents say children are on average 9.3/10 for happiness. 65% of parents say their child is 10/10 for happiness!

Thank You From Everyone at

**Challengers**  
— Serious about fun for all disabled children and young people —

