



<b>Name of funder</b>	<b>Nineveh Charitable Tust</b>		
<b>Our Contact details:</b>	<i>Name of primary contact:</i> Heather Hill <i>Position:</i> Founder and Director <i>Tel:</i> 07731304669 <i>Email:</i> Happyhillessex@outlook.com <i>Website:</i> www.happyhillessex.com		
<b>Amount of grant awarded:</b>	<b>£ 3500.00</b>	<b>Date awarded:</b>	<b>August 2019/2020</b>
<b>The original purpose of the grant:</b>	Staff costs for specialist keyworker to support children at activity club		
<b>Progress report:</b>	<p>We provided a minimum of a 1-2-1 Specialist Support Worker; we followed Government Social Distancing, we provided PPE, gloves, face coverings and hand sanitiser. We maintained school bubbles.</p> <p>This service provided vital respite for both the child and their parents; having a child with acute medical and behavioural needs have been highly distressing over the last year. Parents are stressed, lonely and isolated, and the children are scared, frustrated and miss their friends, meaning regression in all aspects of life.</p> <p>we had a maximum of 5 children (class bubble) in our activity hall. In addition, we had five children in parks play area, and we rotated groups, so all the children had access to all facilities.</p> <p>We are based close to a country park, so we took the children there for their lunch with social distancing. We operated a staggered start and finish time to reduce social interaction hope to increase our numbers gradually.</p> <p>We ran a four-week holiday programme in the summer holidays, which was very popular. Specialist key workers supported children in activities such as sensory play, visiting parks and farms, cooking, art and craft, and a family day out. It was essential to Happy Hill Essex to offer one session which uses the hall as a base as this was a request of some of our parents. We have also provided additional sessions out to parents due to popular demand.</p> <p>How the Pandemic has affected our Children:</p> <p>Our children need a routine and structured life, and this Pandemic has drastically changed their routine, leaving them feeling anxious and isolated. With no or limited social interaction, their behaviour has intensified on top of their normal challenging behaviour. For some, this has led to them not wanting to go outside. We have found that many of our children have regressed in many areas.</p> <p>As a result of lockdown, many children's health has declined; they will have had little or no physical activity, leading to weight gain and further health complications.</p>		

	<p>Happy Hill, re-evaluate each child to see how much their needs have changed, how much have they regressed, and what will be needed to build up their confidence, through play, over the coming months.</p> <p>We are genuinely delighted to welcome back all our children and support them to access our services to enhance their lives.</p>
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<p><b>Goals achieved:</b></p> <p><b>Quantitative:</b> number of people engaged with, increases in outreach activity, etc</p> <p><b>Qualitative:</b> improved service delivery, individual responses to your service, etc</p>	<p><b>Quantitative:</b></p> <p>How many children and young people in the age groups below have benefited from the funding?</p> <p>0-5 = 0   6-11 = 32   12-16 = 17   17-18 = 4   19-25 = 0</p> <p>(every child requires at least one member of staff with them at all times. Over the Pandemic, we have seen an increase in challenging behaviours, leading to a higher-level staff to child ratio to enable each child to access the activity club.</p> <p>The impact on our families has been immense; they were already under tremendous pressure, having children with acute additional needs and the lockdown added to this. Our children do not like any changes in their routine, so their behaviour has become more challenging, leading to family stress and, in some cases, family breakdowns. I have had some families that have been under so much pressure; they found themselves calling me night and day for telephone support.</p> <p>We have found the need to increase staffing levels with most children to keep them and staff safe from harm.</p> <p>Due to covid, we reduced the number of children in each session to maintain bubbles and allow social distancing. We increased Hall hire enabling us to provide more sessions to support as many families as possible.</p> <p>For those families that could not attend sessions for various reasons, we provided a Personal Assistant (PA) who took the child for a 2-hour walk from their home.</p> <p><b>Outcomes achieved:</b></p> <p>C &amp; YP's physical, learning, social skills and emotional health will improve.</p> <p>C &amp; YP will be emotionally resilient and have improved self-esteem and the skills to manage their own behaviour, resulting in self-control and self-regulated boundaries, with help to understand and control their fears and frustrations.</p> <p>C &amp; YP will be healthier and will have improved mood, boosted energy levels, control their weight and will reduce the risk of further health complications. Children and young adults with</p>
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	<p>special needs may already have some physical challenges in life, Including limited mobility, over weight and medical complications, by encouraging an active life style will help improve mental &amp; physical health.</p> <p>C &amp; YP will be more emotionally secure; they will feel less isolated by making make new friends and have improved relationships at home.</p> <p>C &amp; YP will gain crucial life skills so that when they reach adulthood they will be well equipped to lead as independent a life as possible and will give them confidence to speak up and be heard and have more control over their lives..</p> <p>Please find below some precious photos of the smiles you help to create. Thank you</p>
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Please look at our Facebook page to see the many memories you help to create





Autumnal play in the fresh air.  
Interaction.



Active play – exploring, sensory,  
communication, social skills

